



RBH COVID-19



FRONTLINE FIRST

BEHAVIORAL HEALTH SUPPORT PROGRAM

COVID-19 is leaving an enormous emotional toll on all of us. Healthcare workers on the front lines in this fight against the pandemic are facing unprecedented levels of stress and trauma. Even the most resilient individuals will experience depression, stress, and anxiety when facing such intense levels of trauma. Restore Behavioral Health offers a team of Psychologists, Social Workers, and Professional Counselors who are ready to help you get through these difficult days!

The RBH **Frontline First** program offers:

- [5 Free Telehealth Psychotherapy visits](#) to assist healthcare workers in Texas with handling the emotional stress associated with the direct care of COVID-19 patients. This includes paramedics, nurses, physicians, and any other healthcare worker who has been on the front lines in fighting the COVID-19 pandemic.
- This program will be in effect from **April 15 – July 15, 2020**
- In order to access this free benefit, call us at **210-858-1900** and let us begin to help you through this crisis.

**You Have Been There for Us...
And Now We Are Here for You!**

RBH thanks you for all that you have done,
and all that you continue to do,
in the fight against the COVID-19 pandemic.

Restorebehavioralhealth.com